



Thank you for choosing FCP Racing!

Our products are CNC Machined to provide you with the highest quality race parts and is the choice of top-level racers and race teams all over the world!

Please read the instructions carefully before installing your items to enjoy the benefits such as increased traction, more stability, easier cornering and overall better feel.

Remove your existing OEM top and front engine mounts carefully. Inspect the stock bolts to ensure no damage or wear is shown on the threads. For all Japanese bikes, please apply assembly lube or grease onto the threads of bolts.

Start mounting brackets one after another. Snug down all bolts evenly before torquing them!

Recommended torque settings.

Honda CRF250R-450R/RX/L/X:

Front Mounts: 19 ft lbs M8 bolts, 40 ft lbs M10 bolt

Top Mounts: 24 ft lbs M8 bolts, 40 ft lbs M10 bolts

KX85/112:

Headstays: 24 ft lbs.

Kawasaki KX250 (F):

Front Mounts: 22 ft lbs M8 bolts, 35 ft lbs M10 bolt Top Mounts: 21 ft lbs M8 bolts, 34 ft lbs M10 bolts

Kawasaki KX450 (F):

Front Mounts: 22 ft lbs M8 bolts, 35 ft lbs M10 bolt Top Mounts: 22 ft lbs M8 bolts, 34 ft lbs M10 bolts

KTM/Husqvarna/GasGas 85:

Headstays: 21 ft lbs (please use blue/soft threadlocker. OEM bolts tend to back out more often than other brand motorcycles)

Front Mount / Bolt: 35 ft lbs.

KTM/Husqvarna/GasGas 125/250/350/450:

Front Mount/Bolt: 42 ft lbs Top Mounts: 22 ft lbs (please use blue/soft threadlocker. OEM bolts tend to back out more often than other brand motorcycles)

Suzuki RM-Z250 / 450:

Front Mounts: 35 ft lbs M8 bolts, 35 ft lbs M10 bolt (please note that FCP 450 front mount direction is flat part down) Top Mounts: 28 ft lbs M8 bolts, 35 ft lbs M10 bolts

Triumph TF250 / 450:

Front mount/Bolt 42 ft lbs

Top Mounts: 23 ft lbs

Yamaha YZ125/250:

Headstays: 25 ft lbs M8 bolts, 33 ft lbs M10 bolt.

Yamaha YZ250F-450F/FX/WR: Front Mounts: 25 ft lbs M8 bolts, 40 ft lbs M10 bolt Top Mounts: 25 ft lbs M8 bolts, 33 ft lbs M10 bolts

Please inspect mounts and re-torque bolts after the initial break in, and every 8-10hrs for optimal performance.